

February 10, 2018
Dr. Jodi Keidal
Marina High School

Dear Dr. Keidal:

I am writing this letter to introduce myself to you to offer my services as an ADHD specialist; testing and treating children, teens and adults in my practice. I was referred to you by a close friend and colleague Ms. Irene Rocha and would like to thank you for giving me this opportunity to contact you.

I am an educational psychologist (from UCLA) with added license in Family and Child psychotherapy.

I have taught at UC and CSU systems for over 20 years and have been in private practice for over 15 years. I provide services for UCI students, faculty and the general public. As a certified ADHD diagnostician, one of my main services is the testing, assessment and follow up counseling and therapy tailored, To the needs of patients and their families. In testing I use a computerized program called IVA plus, and in collaboration with two ADHD specialized psychiatrists in my office (Dr. Geoffrey Di Bella and Dr. Alan Vu). We provide medication and monitoring of medication effectiveness with subsequent testing and modifications if necessary.

The IVA Plus test has proven to be quite accurate and has been used in both acquiring the medication as well as the placement of the patient on the ADA accommodation for schools, colleges, and workplaces. I have been performing ADHD testing and treatment for over 10 years. When the testing is complete, I prepare documentations attesting to the patients results. I go over the results with patients and if under age with parents, followed up with an appropriate counseling sequence.

The computer program is developed to test children as young as 7 years old to teens and adults (Adult ADHD symptoms) at multiple levels, including severity and intensity, auditory and visual, and both inattentiveness and hyperactivity/impulsivity! A great diagnosis for parents and teachers in the treatment and monitoring of the individual!

Of course it is much preferable for the therapist to have the testing and subsequent treatment in office, but since your students would have to travel to my office at Newport Beach, The Brain Train (the company that has developed IVA Plus) has now offered me the possibility of Remote testing (i.e. through Special Education office computers) which requires a basic PC for and a person who is able to Monitor the child/student at the school facility with the results transmitted to my computer at my office. This way, if the test is negative (which can happen at times) it would save the family a trip and subsequently other diagnoses would need to be explored. If the results are positive for ADHD, students/families are encouraged to follow up at my office. The test is a 20 minutes computerized assessment and if need be a monitor can come to the Special ED office per your request!.

I would be happy to discuss a working arrangement with you at your convenience.
Please let me know so we can arrange either a phone call or a meeting when your time allows.
Thank you again for giving me this opportunity to contact you.
I look forward to speaking with you soon.

Sincerely,
Shahin Carrigan, Ph.D., MFT